

Tour B – China Highlights & Tibet plus Yangtze River Cruise (19 Days)

Beijing, Xi'an, Chengdu, Lhasa, Chongqing, Yangtze River Cruise, Yichang, Suzhou & Shanghai

TOUR PRICE INCLUSIONS

- Roundtrip international airfare from LAX (or SFO).
- Air and ground transfers for all included tour programs.
- Fully escorted by a bilingual professional tour director.
- Well-selected English-speaking guide in each city.
- President 1 (deluxe ship with outside cabins, private balcony & bathroom/shower).
- 5-star (deluxe) hotels in all cities (4-star hotel in Lhasa).
- 40 meals (including 4 special dinners).
- Comprehensive sightseeing tours as specified.
- Luggage handling for one bag per person.

HOTEL & CRUISE ACCOMMODATIONS

Beijing	Beijing International Hotel (5 star)
Xi'an	Shangri-la Golden Flower Hotel, Xi'an (5 star)
Chengdu	Sheraton Chengdu Lido Hotel (5 star)
Lhasa	Sunrise Hotel (4 star)
Chongqing	Hilton Chongqing (5 star)
Yangtze River	President 1 (5 star)
Suzhou	Sheraton Suzhou Hotel & Towers (5 star)
Shanghai	Jin Jiang Hotel (5 star)

2010 Departure Dates: 3/25, 4/1, 4/8, 4/15, 4/22, 5/6, 5/13, 5/20, 6/3, 6/10, 7/1, 8/5, 9/2, 9/9, 9/16, 10/7, 10/14, 10/21.

Tour Prices (per person)	March	April	May - October
From LAX (or SFO)	4,398	\$4,498	\$4,698

Low airfare add-on from most U.S. cities is available. For land-only package (excluding transpacific flight) deduct \$550. For single room occupancy add \$1,480.

Day 1 & 2: USA/Beijing, China

Depart home and arrive Beijing the next day. Stay in centrally located (1 1/4 miles from Tiananmen Square) **Beijing International Hotel** (5 star).

Day 3: Beijing

Today's tour starts with the **Tiananmen Square** followed by the **Forbidden City** (aka Palace Museum), in which 24 emperors lived from 1421 to 1911. **Hutong tour** by rickshaw in the afternoon. This tour will take you to the old residential quarters and a visit to a **private home**. **Welcome dinner – Peking Duck**. B, L, SD

Day 4: Beijing

Start with the **Temple of Heaven**, one of the most photographed buildings in the world. Built in 1420, it was the place where the emperors of Ming and Qing Dynasties worshipped heaven and prayed for abundant harvest. This is also the place that local retired people get together for various cultural activities. Then we'll drive to the **Great Wall** (at Badaling), the greatest project in ancient China. Enjoy climbing the Wall! Today we'll also visit a cloisonné workshop to witness the making procedures of **cloisonné**, a unique handicraft in Beijing with a history of over 500 years). B, L

Day 5: Beijing/Xi'an

Tour the famous **Summer Palace** – China's largest and best preserved imperial garden. Here we will also take a boat ride on the beautiful Kunming Lake (if weather permits). Today we'll drive by the **Bird's Nest** (National Museum) where 2008 Olympic Games were held. Have your cameras ready for pictures. Take an afternoon flight to Xi'an, the capital of ancient China for 13 dynasties. Transfer to comfortable **Shangri-la Golden Flower Hotel, Xi'an** (5-star). B, L



Day 6: Xi'an

Today's highlight is the **Terra-cotta Warriors and Horses** - the eighth wonder of the world. **Tang Dynasty dinner show** in Tang Palace. B, L, SD

Day 7: Xi'an

Today's tour starts with the ancient **City Wall** built in Ming Dynasty (1368 – 1644 AD), where you will also see the **Draw Bridge**. Then the **Big Wild Goose Pagoda** - the landmark of Xi'an built in 652AD. The program in the afternoon is the **Museum of History**, one of the finest museums in China. B, L

Day 8: Xi'an/Chengdu

Morning flight to Chengdu, capital of Sichuan Province and home of giant pandas. Today's highlight is the **Panda Breeding Research Center**, where you will visit pandas of various ages, **Museum of Giant Pandas**, and see a **documentary film show of The Life of Giant Pandas**. Enjoy Sichuan Opera show in the evening (optional). Stay in centrally located **Sheraton Chengdu Lido Hotel** (5 star). B, L

Day 9: Chengdu/Lhasa

Morning flight to Lhasa, capital city of Tibet. En route to the hotel, visit a **Tibetan village and a school**. Stay in **Sunrise Hotel** (4 star)

facing beautiful scenery. Have a good rest in the remainder of the day and get used to the high altitude. B, D

Day 10: Lhasa

Visit the **Jokang Temple**, one of Buddhism's holiest shrines. Here you will see hundreds of Tibetan prayers from various areas. It is a memorable experience to take a stroll in the famous **Barkhor Street** (around the temple) where there are crowds of Tibetan pilgrims. The next is the **Sera Monastery**, where you will witness hundreds of monks debating. B, L, D

Day 11: Lhasa

Today's highlight is the **Potala Palace** - the former Winter Palace of Dalai Lama and a World Heritage Site, which is famed as a "bright pearl" on the "Roof of the World". Then let's visit a **Tibetan home** and meet with the host. B, L

Day 12: Lhasa/Chongqing

air
Leave Lhasa and arrive Chongqing in the afternoon. Enjoy some free time before dinner of famous Sichuan cuisine. Stay in centrally located **Hilton Chongqing** (5 star). B, D

Day 13: Chongqing/Yangtze River Cruise (downstream)

Today's tour includes the **City Square, People's Hall, Art Gallery, Farmers' Market, Stilwell Museum** and a **kindergarten** (if available). Enjoy foot massage at the end of the tour (optional). Board the deluxe **President 1** after dinner for the Yangtze River cruise. B, L, D

Day 14: Cruise

Shore excursion to **Fengdu** (known as Ghost City), a famous cultural and historic site. **Captain's welcome-banquet** followed by **Chinese cultural show**. B, L, SD

Day 15: Cruise

Sail through **Qutang Gorge** and **Wu Gorge**. Today's excursion is to enjoy a sampan boat ride on the beautiful **Shennong Stream**, one of the tributaries of the Yangtze River. **Captain's farewell dinner** followed by **cabaret show**. B, L, SD

Day 16: Yichang/Suzhou

air/coach
Sail through **Xiling Gorge**. Visit the **Three Gorges Dam**. Arrive in Yichang at noon, fly to Shanghai airport and then transfer to Suzhou by coach. Stay in centrally located garden-like **Pan Pacific Suzhou** (formerly **Sheraton Suzhou Hotel & Towers**) (5-star). B, L

Day 17: Suzhou/Shanghai

coach
Suzhou is well-known as "Venice in the East", "City of Gardens" and "Capital of Silk". Today's tour includes the **Silk Spinning Factory, Garden of Master Fishnet** (World Heritage Site) and **boat trip on man-made ancient Grand Canal**. Leave for Shanghai in late afternoon and stay in centrally located (adjacent to famous Huaihai Zhong Road - the commercial center) classic **Jin Jiang Hotel** (5 star). B, L



Day 18: Shanghai

Today's tour starts with the **Bund**, from where you can view both the traditional and modern Shanghai. Then the renowned **Shanghai Museum**, with its priceless collections of ancient Chinese bronzes, ceramics, and calligraphy. After the Mongolian BBQ lunch, we'll walk around in the **Old Town of Shanghai**, known as "China Town in China". Dinner in a local restaurant and then attend fantastic **Acrobatic Show** in a theater. Then we'll drive by the Bund to enjoy the beautiful **night view of Shanghai**. (This afternoon, if you wish, you may have some time to visit the **Shanghai Expo** on your own). B, L, D

Day 19: Shanghai/Home

Depart Shanghai and arrive home the same day. B

IMPORTANT NOTES

*Abbreviations in the itineraries:

B - Western buffet breakfast; L - Chinese lunch
D - Chinese dinner; SD - Special Chinese dinner

*A few meals are not included due to flight schedules or for the convenience to have your own choice. Our past experience and feedback from tour members have approved that this arrangement is favorable to clients. For excluded meals, your tour director or guides will provide you with sufficient information for dining in your hotel or in local restaurants where various cuisines are available (Some flights offer in-flight meals.).

*The tour itinerary and hotel arrangements are subject to change in case of unexpected and unavoidable circumstances.

*The list tour prices do not include departure taxes, governmental fees, fuel surcharges, Chinese visa fees, travel insurance and gratuities. Details are described in "Terms and Conditions".

*We mostly use U.S. air carriers as our designated airlines for transpacific flights. Different groups may take different designated airlines. Low airfare add-on for departure from most U.S. cities is available. Gateway cities are not limited to LAX or SFO. Not all passengers need to connect flights in West Coast. Airline tickets upgrade is available at additional cost.

For reservation and information, please visit www.chinaplustour.com, or call us at 1-888-868-8811, or e-mail to info@chinaplustour.com.

